

...A social development, research, planning and service organization, dedicated to citizen engagement and the promotion of volunteerism...

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On October 3rd the Cabot Loop Clusters project brought together over 30 representatives of community-based organizations. Held at the Lions Club in Port Union, the gathering was an opportunity to share accomplishments and help plan and prepare for the Volunteer Recruitment and Retention Campaign launched in the Loop during the summer.

It was clear just how diverse the sector is, with organizations ranging from recreation committees, fire departments, seniors' clubs, youth clubs, municipalities, harbour authorities, hospital auxiliaries, museums, tourism and development associations, and service groups. But when it comes to volunteers, these organizations discovered they have a lot in common, including their desire to attract new people.

Krystal Freeman, Chairperson of the Champney's West Come Home Year Committee, said, "I found the day very helpful. I got some good information from another person who had previously chaired a Come Home Year Committee in another part of the region."

Individuals expressed great pride in the work of their organizations and welcomed an opportunity to share what they do, and how others can help, with people from around the Cabot Loop. With the help of several people who volunteered and the Clusters project team of volunteers and staff, the **Cabot Loop Clusters Fair** started to take shape.

Date: Saturday, November 14, 2009

Location: Catalina Elementary School

Time: 10 am – 1 pm

The public will be invited to attend and can expect to:

- learn about what organizations do
- meet volunteers from throughout the Loop
- discover how their own interests and skills can help their community

There is no cost to attend and there will be refreshments, prizes, entertainment and a children's corner with activities and loot bags.

"I found the day very helpful. I got some good information from another person who had previously chaired a Come Home Year Committee in another part of the region."

Quote from October 3 Networking Day
Krystal Freeman, Chairperson
Champney's West Come Home Year Committee

Cabot Loop Clusters Project

WHAT'S HAPPENING AROUND CABOT LOOP

We asked some of you what you've been up to. Here is what you told us.

Trinity East-Port Rexton C.L.B. Company #3805

- Bottle Drive from English Harbour to Bonaventure
- Halloween Party for youth members
- Visit by R.C.M.P. officer to teach A.T.V. Safety

Vista Family Resource Centre has been serving families of young children in the Cabot Loop and beyond for the past 10 years. The Centre would like to acknowledge all the dedicated volunteers, staff, participants and community partners that have made the last 10 years so successful and rewarding. It is a true community effort! Throughout the year, the Centre celebrated this important milestone in a number of ways including:

- A poster contest for past and present child participants
- Hosted a family skate
- Family Fun Day at Lockston Path Provincial Park this past summer
- Staff celebrated with other family resource centres at *Remembering our Past, Celebrating our Success, Embracing our Future*, a provincial conference hosted by the Newfoundland and Labrador Provincial Association of Family Resource Programs.

Rising Tide Theatre: Wellness Forum

On October 19, Eastern Health partnered with Trinity Pharmachoice, Fort Point Lions, Port Rexton Lions, and Rising Tide Theatre to host a community wellness forum at the Rising Tide Theatre. Presentations, information displays, refreshments, entertainment, and networking made for an informative and enjoyable afternoon. Approximately 25 residents of the Trinity Bight area attended the afternoon session.

The Trinity North Seniors & 50 plus Club

- Bus Trip to Marystown
- Sang at Golden Heights Manor on Oct. 21
- Sang at the United Church in Lethbridge on Oct. 2
- Sang at the Anglican Church in Port Union of Nov. 11
- Sang at a Benefit Concert at the Lions Club in Port Union
- Club is currently applying for Capital Funding from Service Canada, New Horizons for Seniors Program
- Sponsored a Halloween Dance at the Royal Canadian Legion Club in Catalina
- Planning a New Years Eve Dance at the Royal Canadian Legion Club in Catalina

Catalina, Port Union, Melrose Fire Department

- Assisted Catalina Elementary with their Walk to Breakfast (Kids Eat Smart Foundation)
- Fire Prevention Week had Kindergartens and Grades 1-3 visit the fire hall to hear about fire safety and prevention, watch a movie called *Sparky's ABC's of Fire Safety*, receive toy fire hats, activity books, fridge magnets and fire prevention stickers and get a ride back to school in the pumper truck.